



OFFICE OF HUMAN SERVICES

Mental Health Services Directory

2023

Call
732-745-4186

Office Hours
8:30 - 4:15



middlesexcountynj.gov

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EMERGENCY SERVICES

Rutgers UBHC Acute Psychiatric Services (APS)

671 Hoes Lane West
Piscataway, NJ 08854
732-235-5700

24/7 Crisis Hotline

1-855-515-5700

Children’s Mobile Response & Stabilization

1-877-652-7624

ubhc.rutgers.edu/clinical/overview

Hackensack Meridian Health

Raritan Bay Medical Center

530 New Brunswick Avenue, 3rd Floor
Perth Amboy, NJ 08861
732-324-3285

Emergency Room

732-442-3700

Crisis Stabilization Unit

732-442-3794

rbmc.org/behavioral-health

CRISIS/HOSPITAL DIVERSION SERVICES

Rutgers UBHC Early Intervention

Support Services (EISS)

671 Hoes Lane West
Piscataway, NJ 08854
732-235-4422 or 800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

NJ Hopeline – 24/7 Suicide Prevention Hotline

1-855-654-6735

njhopeline.com

CSPNJ Wellness Respite Services

732-354-4403

cspnj.org

Carrier Clinic

252 County Route 601
Belle Mead, NJ 08502
800-933-3579

East Mountain Hospital

908-281-1500
carrierclinic.org

Penn Medicine – Princeton House Behavioral Health

905 Herrontown Road
Princeton, NJ 08540
888-437-1610 (Admissions)
609-497-3500
princetonhouse.org

**Hackensack Meridian Health Raritan Bay
Medical Center - The Center for Living**

530 New Brunswick Ave, 3rd Floor
Perth Amboy, NJ 08861
732-442-3794 (Crisis Hotline 24 Hours a Day)
732-324-5119
732-324-5138 (Inpatient)
rbmc.org

Summit Oaks Hospital

19 Prospect Street
Summit, NJ 07902
800-753-5223
summitoakshospital.com

Rutgers University Behavioral Health Care

671 Hoes Lane West
Piscataway, NJ 08854
732-235-5700 (Adult Inpatient Unit)
732-235-5700 (CAIS Child and Adolescent Inpatient)
800-969-5300 (UBHC Access Center)
ubhc.rutgers.edu/clinical/overview

SUICIDE PREVENTION SERVICES**988 Suicide & Crisis Lifeline**

988 (Call or Text)
988lifeline.org/chat (Chat)
988lifeline.org

Crisis Text Line

Text 'NJ' to 741741
crisistextline.org

NJ Hopeline – 24/7 Suicide Prevention Hotline

1-855-654-6735
njhopeline.com

The Trevor Project

1-866-488-7386 OR Text 'START' to 678-678
thetrevorproject.org

**SUPPORT & INFORMATION
RESOURCES****Central Jersey Legal Services**

317 George Street, Suite 201
New Brunswick, NJ 08901
732-249-7600

Also at

313 State Street, Suite 308
Perth Amboy, NJ 08861
732-324-1613
centraljerseylegalservices.org

**CHOICES (Consumers Helping Others Improve
their Condition by Ending Smoking)**

317 George Street, Suite 105
New Brunswick, NJ 08901
732-235-8232
njchoices.org

**Coalition for Mental Health Consumer Organizations
(COMHCO)**

1-973-778-8810

Collaborative Support Programs of NJ (CSPNJ)

11 Spring Street
Freehold, NJ 07728
732-780-1175
cspnj.org

Coming Home of Middlesex County

75 Bayard Street, 2nd Floor
New Brunswick, NJ 08901
732-296-7975
cominghomemiddlesex.org

Cop2Cop

866-COP-2COP (866-267-2267)
njcop2cop.com

Depression Bipolar Support Alliance NJ

908-672-9250

dbsanewjersey.org/middlesex-county**Disability Rights NJ**

210 South Broad Street, 3rd Floor

Trenton, New Jersey 08608

800-922-7233 / 609-292-9742

disabilityrightsny.org**Family Health Line**

1-800-328-3838

nj.gov/health/fhs/primarycare/family-health-line**Mental Health Association of NJ**

673 Morris Avenue, Suite 100

Springfield, NJ 07081

800-376-8850

mhanj.org**MentalHealth.gov**mentalhealth.gov**Middlesex County Board of Social Services**

181 How Lane

PO Box 509

New Brunswick, NJ 08903

732-745-3500

middlesexsocialservices.com**Middlesex County Center for Empowerment**

29 Oakwood Avenue

Edison, NJ 08837

732-321-1189

1-877-665-7273 (Toll-Free Hotline)

middlesexcountynj.gov**Middlesex County Division of Addictions & Mental Health Planning**

75 Bayard Street

New Brunswick, NJ 08901

732-745-3000

middlesexcountynj.gov**Middlesex County Veteran Services Office**

75 Bayard Street

New Brunswick, NJ 08901

732-745-4051

middlesexcountynj.gov**Mom2Mom**

877-914-6662

mom2mom.us.com**Moving Forward Community Wellness Center**

25 Elizabeth Street, 2nd Floor

New Brunswick, NJ 08901

732-317-2920 / 732-317-2960

cspnj.org/cause/cwc**NJ 2-1-1 (Homeless Hotline)**

211

nj211.org**National Alliance on Mental Illness Middlesex (NAMI Middlesex)**

732-745-0709

namiofmiddlesex.wixsite.com/home**National Alliance on Mental Illness New Jersey (NAMI NJ)**

1562 Route 130

North Brunswick, NJ 08902

732-940-0991

naminj.org**National Association of Social Workers New Jersey Chapter**100 Somerset Corporate Boulevard, 2nd Floor,
Bridgewater, NJ 08807

732-296-8070

naswnj.socialworkers.org**New Jersey Self-Help Clearinghouse**

800-367-6274

njgroups.org**NJ Vet2Vet**

866-838-7654

njvet2vet.com**NJ Association of Mental Health and Addiction Agencies (NJAMHAA)**

609-838-5488

njamha.org

**NJ Department of Community Affairs Division of
Housing & Community Resources**

PO Box 800
Trenton, NJ 08625-0800
609-633-6286
nj.gov/dca/divisions/dhcr

**NJ Division of Mental Health Addiction & Services
(DMHAS)**

5 Commerce Way, Suite 100
PO Box 362, Hamilton, NJ 08621
800-382-6717
state.nj.us/humanservices/dmhas/home

NJ Hopeline – 24/7 Suicide Prevention Hotline

1-855-654-6735
njhopeline.com

NJ Mental Health Cares

1-866-202-HELP (4357)
njmentalhealthcares.org

NJ Psychiatric Association

208 Lenox Avenue, Suite 198
Westfield, NJ 07090
908-588-3540
njpsychiatry.org

NJ Psychological Association

354 Eisenhower Parkway, Plaza I, Suite 1150
Livingston, NJ 07039
973-243-9800
psychologynj.org

**Peer Recovery Warmline (Mental Health
Association in NJ)**

877-292-5588
mhanj.org/people-in-recovery-warmline

**Rutgers University Behavioral Health Care (UBHC)
Intensive Family Support Services (IFSS)**

151 Centennial Avenue
Piscataway, NJ 08854
732-235-5000
[ubhc.rutgers.edu/clinical/community/
community-based-programs.xml](http://ubhc.rutgers.edu/clinical/community/community-based-programs.xml)

Social Security Administration

550 Jersey Avenue, Suite 200
New Brunswick, NJ 08901
800-772-1213
ssa.gov

**Wellspring Center for Prevention
(formerly NCADD of Middlesex County, Inc.)**

620 Cranbury Road, Suite 105
East Brunswick, NJ 08816
732-254-3344
wellspringprevention.org

OUTPATIENT SERVICES

Catholic Charities

288 Rues Lane
East Brunswick, NJ, 08816

Also at

319 Maple Street
Perth Amboy, NJ 08861

Also at

2 George Frederick Plaza
Woodbridge, NJ 07095
(Access Center)
732-324-8200 / 800-655-9491
ccdom.org

Carrier Clinic

252 County Route 601
Belle Mead, NJ 08502
800-933-3579
carrierclinic.org

The Center for Great Expectations Outpatient Program

Roots to Recovery
984 Bergen Avenue
North Brunswick, NJ 08902
732-993-6403
Fax: 732-626-4544
Roots@cge-nj.org

George J. Otowski, Sr. Center for Mental Health Care

570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
middlesexcountynj.gov

Jewish Family & Vocational Service

219C Blackhorse Lane
North Brunswick, NJ 08902
732-777-1940

Also at

600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979
jfsmiddlesex.org/counseling

HMH Hospital Corporation- JFK/Center for Behavioral Health

65 James Street
Edison, NJ 08820
732-321-7540
jfkmc.org/clinical-services/behavioral-health

New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025
nbcounselingcenter.org

New Hope, IBHC - Open Door

6 Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800
newhopeibhc.org

Omni Health Services

1001 Raritan Avenue
Highland Park, NJ 08904
732-227-0070
omhsi1.com

The Passion Care Center

187 Fayette Street
Perth Amboy, NJ 08861
732-410-7102
thepassioncarecenter.com/behavioral-health-services

Penn Medicine – Princeton House Behavioral Health

1460 Livingston Avenue, Building 100
North Brunswick, NJ 08902
888-437-1610
princetonhouse.org

Rutgers University Behavioral Health Care (UBHC) APN Initiative

303 George Street, Suite 200
New Brunswick, NJ 08901
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

Rutgers University Behavioral Health Care (UBHC) Certified Community Behavioral Health Center (CCBHC)

100 Metroplex Drive, Suite 200
Edison, NJ 08817

Also at

303 George Street, Suite 200
New Brunswick, NJ 08901

Also at

4326 Route 1 North
Monmouth Junction, NJ 08852
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

Rutgers University Behavioral Health Care (UBHC) NJ Promise/Clinical High Risk for Psychosis (CHRP)

100 Metroplex Drive, Suite 200
Edison, NJ 0887
732-235-2868 OR 800-969-5300
ubhc.rutgers.edu/clinical/overview

Rutgers University Graduate School of Applied Psychology and Professional Psychology Psychological Services Clinic

152 Frelinghuysen Road
Piscataway, NJ 08854
848-445-6111
gsapp.rutgers.edu/centers-clinical-services/CPS/clinics

Stress Care of New Jersey

4122 Route 516
Matawan, NJ 07747
Also at
500 Park Avenue
Manalapan, NJ 07726
Also at
61 Veronica Avenue
Somerset, NJ 08873
732-679-4500
stresscareclinic.com

VA NJ Health Care System

14 Wills Way, Building 5
Piscataway, NJ 08854
732-981-8193
va.gov/new-jersey-health-care/
locations/piscataway-va-clinic

INTENSIVE OUTPATIENT PROGRAMS (IOP)

Catholic Charities

Youth Partial Care Program (Child/Adolescent)
26 Safran Avenue
Edison, NJ, 08837
732-738-1323
ccdom.org/middlesex-partial-care-youth-adolescent

New Hope, IBHC - Open Door

6 Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800
newhopeibhc.org

The Passion Care Center

187 Fayette Street
Perth Amboy, NJ 08861
732-410-7102
thepassioncarecenter.com/behavioral-health-services

Rutgers University Behavioral Health Care (UBHC) Intensive Outpatient Treatment and Support Services

303 George Street, Suite 200
New Brunswick, NJ 08901
Also at
4326 Route 1 North
Monmouth Junction, NJ 08852
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

Summit Oaks Hospital

19 Prospect Street
Summit, NJ 07902
800-753-5223 OR 908-522-7000
summitoakshospital.com

CASE MANAGEMENT SERVICES

Catholic Charities PACT (Programs of Assertive Community Treatment – Homeless Case Management Program)

288 Rues Lane
East Brunswick, NJ 08816
732-387-1307

Also at

24 Abeel Street
New Brunswick, NJ 08901
732-447-2344

Also at

319 Maple Street
Perth Amboy, NJ 08861
732-857-3894

ccdom.org

Catholic Charities PATH (Project for Assistance in Transition from Homelessness)

26 Safran Ave
Edison, NJ, 08902
732-738-1323
ccdom.org

Rutgers UBHC Community Based Programs

Integrated Case Management Services (ICMS)
Justice Assistance Grant Program (JAG)
Specialized Case Management Services (SCMOS)
PATH - Homeless Case Management Program
151 Centennial Avenue
Piscataway, NJ 08854
732-235-5000 OR 800-969-5300
ubhc.rutgers.edu/clinical/community/
community-based-programs.xml

INPATIENT SHORT-TERM CARE FACILITY (STCF)

Essex County Hospital

204 Grove Avenue
Cedar Grove, NJ 07009
973-571-2800
essexcountynj.org/department-of-health-and-rehabilitation

Hackensack Meridian Health Raritan Bay Medical Center

530 New Brunswick Avenue, 3rd Floor
Perth Amboy, NJ 08861
732-324-3285
Also at
3 Hospital Plaza, Suite 302
Old Bridge, NJ 08857
732-324-3285
hackensackmeridianhealth.org/en/Services/Behavioral-Health

Monmouth Medical Center

300 Second Avenue
Long Branch, NJ 07740
732-222-5200
rwjbh.org/monmouth-medical-center

Penn Medicine – Princeton House Behavioral Health

741 Mount Lucas Road
Princeton, NJ
888-437-1610
princetonhouse.org

Rutgers University Behavioral Health Care

671 Hoes Lane West/Piscataway, NJ 08854
732-235-5700 (Adult Inpatient Unit)
732-235-5700 (CAIS Child and Adolescent Inpatient)
800-969-5300 (UBHC Access Center)
ubhc.rutgers.edu

Trinitas Hospital

225 Williamson St
Elizabeth, NJ 07202
908-994-5000
rwjbh.org/trinitas-regional-medical-center/treatment-care/mental-health-and-behavioral-health

PARTIAL CARE/ HOSPITALIZATION PROGRAMS

Community Care Behavioral Health

131 Ethel Road West
Piscataway, NJ 08854
732-572-4666
Also at
3443 Route 9 North
Freehold, NJ 07728
732-462-5553
communitycare.us

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
middlesexcountynj.gov

Penn Medicine – Princeton House Behavioral Health

1460 Livingston Drive, Building 100
North Brunswick NJ
888-437-1610
princetonhouse.org

Rutgers University Behavioral Health Care Adult Acute Partial Hospital Program

4326 Route 1 North
Monmouth Junction, NJ 08852
800-969-5300
ubhc.rutgers.edu/clinical/overview

St. Peter's University Hospital Family Health Center Children's Acute Partial Hospitalization (For KEEPS; ages 5 to 17)

123 How Lane
New Brunswick, NJ 08901
732-565-5494
saintpetershcs.com

Stress Care of New Jersey

4122 Route 516
Matawan, NJ 07747
732-679-4500

Also at

500 Park Avenue
Manalapan, NJ 07726
732-679-4500

Also at

61 Veronica Avenue
Somerset, NJ 08873
732-679-4500
stresscareclinic.com

Summit Oaks Hospital

19 Prospect Street
Summit, NJ 07902
800-753-5223 OR 908-522-7000
summitoakshospital.com

RESIDENTIAL / HOUSING SERVICES

Bridgeway RIST Program

720 King George's Road, Suite 111
Fords, NJ 08863
732-771-2300
bridgewaybhs.org

Catholic Charities PATH (Project for Assistance in Transition from Homelessness – Homeless Case Management Services)

26 Safran Avenue
Edison, NJ, 08902
732-738-1323
ccdom.org

Coming Home of Middlesex County

75 Bayard Street, 2nd Floor
New Brunswick, NJ 08901
732-296-7975
cominghomemiddlesex.org

Domiciliary Care for Homeless Veterans Program

877-424-3838
va.gov/homeless/dchv.asp

Easterseals New Jersey

25 Kennedy Boulevard, Suite 600
East Brunswick, NJ 08816
855-215-4541
eastersealsnj.org

Hope for Veterans Transitional Housing Program

959 Route 46 East, Suite 402
Parsippany, NJ 07054
908-647-5717 x320
communityhope-nj.org

NJ 2-1-1 (Homeless Hotline)

211
nj211.org

Rutgers UBHC - Homeless Case Management (PATH)

732-235-5000
Community Support Services (CSS)
732-235-5000
ubhc.rutgers.edu/clinical/community/
community-based-programs

SERV Centers of New Jersey

491 South Washington Ave
Piscataway, NJ 08854
732-968-7111
servbhs.net

Supportive Housing Association of NJ

185 Valley Street
South Orange, NJ 07079
908-931-1131
shanj.org

Triple C Housing, Inc.

1520 US 130, Suite 201
North Brunswick, NJ 08902
732-658-6636
triplechousing.org

Veterans Haven North

200 Sanatorium Road, Suite 101
Glen Gardner, NJ 08826
908-537-1999
nj.gov/military/veterans/services/vetshavennorth

Volunteers of America Greater New York
212-873-2600
voa-gny.org/new-jersey-behavioral-health

CO-OCCURRING DISORDERS **(Mental Health/Substance Use Disorders)**

Bergen Regional Medical Center

230 East Ridgewood Avenue
Paramus, NJ 07652
800-730-2762
bergenregional.com

Carrier Clinic

252 County Route 601
Belle Mead, NJ 08502
800-933-3579
carrierclinic.org

Catholic Charities

288 Rues Lane
East Brunswick, NJ, 08816
732-257-6100

Also at

319 Maple Street
Perth Amboy, NJ 08861

Also at

24 Abeel Street
New Brunswick, NJ 08901
732-447-2400

Also at

89 Truman Drive
Edison, NJ 08817
732-985-0327 (Access Center)
732-324-8200 OR 800-655-9491 (Access Center)
ccdom.org

Center for Great Expectations Outpatient Program

Roots to Recovery

984 Bergen Avenue
North Brunswick, NJ 08902
732-993-6403
Fax: 732-626-4544
Roots@cge-nj.org

Clarity Treatment Center

262 State Street
Perth Amboy NJ, 08861
732-442-3535
claritytreatmentcenter.com

Community Care Behavioral Health

131 Ethel Road West
Piscataway, NJ 08854
732-572-4666
communitycare.us

The Counseling Center at Middlesex

127 Union Ave #1
Middlesex, NJ 08846
732-629-9510
middlesexcounseling.com

The Counseling Center at Monmouth Junction

1100 Cornwall Rd #111
Monmouth Junction, NJ 08852
732-605-6353
monmouthjunctioncounseling.com

First Step Counseling

15 Calvin Place
Metuchen, NJ 08840
732-549-0401
firststepmetuchen.com

New Hope Integrated Behavioral Health Care

80 Conover Road
Marlboro, NJ 07746
732-946-3030
newhopeibhc.org

New Hope, IBHC - Open Door

6 Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800
newhopeibhc.org

New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025
nbcounselingcenter.org

The Passion Care Center
187 Fayette Street
Perth Amboy, NJ 08861
732-410-7102
thepassioncarecenter.com

Penn Medicine – Princeton House Behavioral Health

1460 Livingston Drive, Building 100
North Brunswick, NJ
888-437-1610 (Admissions)
732-729-3600 OR 3636

Also at

905 Herrontown Road
Princeton, NJ 08540
888-437-1610 (Admissions)
609-613-4820
princetonhouse.org

Rutgers University Behavioral Health Care

671 Hoes Lane West
Piscataway, NJ 08854
800-969-5300
ubhc.rutgers.edu/clinical/overview

**Rutgers University Behavioral Health Care
Adult Acute Partial Hospital Program**

4326 Route 1 North
Monmouth Junction, NJ 08852
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

**Rutgers University Behavioral Health Care (UBHC)
Primary Substance Abuse/Co-occurring IOP**

303 George Street, Suite 200
New Brunswick, NJ 08901
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

**Rutgers University Behavioral Health Care
Specialized Addiction Treatment Services (SATS)**

303 George Street
New Brunswick, NJ 08901
800-969-5300
ubhc.rutgers.edu/clinical/overview

Summit Oaks Hospital
19 Prospect Street
Summit, NJ 07902
800-753-5223
summitoakshospital.com

INTELLECTUAL & DEVELOPMENTAL DISABILITIES

Arc of NJ - Criminal Justice Advocacy

985 Livingston Avenue
North Brunswick, NJ 08902
732-246-2525
arcnj.org

Community Care Behavioral Health

131 Ethel Road West
Piscataway, NJ 08854
732-572-4666
communitycare.us

**Crisis Assessment Response and Enhanced Services
(CARES) at Trinitas Regional Medical Center**

300 North Avenue East
Cranford, NJ 07016
888-393-3007
rwjbh.org/trinitas-regional-medical-center/
treatment-care/mental-health-and-behavioral-
health/trinitas-cares-program

**New Jersey Department of Human Services
Division of Developmental Disabilities**

222 South Warren Street
PO Box 700
Trenton, NJ 08625
877-652-7624 / 800-832-9173
nj.gov/humanservices/ddd

Ujala Life

399 Ridge Road
Dayton, NJ 08810
978-996-7234
ujala.life

Volunteers of America – Alletta House
voa-gny.org/adults-with-dd

FAMILY, CHILDREN AND ADOLESCENT SERVICES

Advocates for Children of New Jersey

35 Halsey Street
Newark, NJ 07102
973-643-3876
acnj.org

Catholic Charities

26 Safran Avenue
Edison, NJ 08837
732-324-8200 (Access Center)
ccdom.org/middlesex-partial-care-youth-adolescent

The Center for Great Expectations

Adolescent Residential Mommy & Me
19A Dellwood Lane, Somerset, NJ 08873
732-247-7003 ext. 350
lrasmussen@cge-nj.org
cge-nj.org

The Center for Great Expectations

Adult Residential Mommy & Me
19B Dellwood Lane, Somerset, NJ 08873
732-247-7003 ext. 357
fgarrido@cge-nj.org
cge-nj.org

The Center for Great Expectations

START
120 FINDERNE AVENUE
BRIDGEWATER, NJ 08807
732-427-0009
jkennedy@cge-nj.org
cge-nj.org

Coordinated Family Care

30 Silver Line Drive, Suite 1
North Brunswick, NJ 08902
732-572-3663
coordinatedfamilycare.org

Epilepsy Foundation of New Jersey

3817 Crosswicks Hamilton Square Road Suite 343
Hamilton, NJ 08691
609-245-2378
epilepsy.com/local/new-jersey

Family Crisis Intervention Unit (FCIU)

877-652-7624 (Perform Care)

Family and Children's Services of Central NJ

40 North Avenue
Elizabeth, NJ 07208
908-352-7474
facsnj.org

Family Health Line

1-800-328-3838
nj.gov/health/fhs/primarycare/family-health-line

Family Support Organization of Middlesex County

15 Corporate Place South Suite 201
Piscataway, NJ 08854
732-287-8701
middlesexfso.org

Fire Watch

75 Bayard Street
New Brunswick, NJ 08901
732-745-3000
middlesexcountynj.gov

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
middlesexcountynj.gov

Hackensack Meridian Health

Raritan Bay Medical Center

530 New Brunswick Avenue, 3rd Floor
Perth Amboy, NJ 08861
732-324-3285

Also at

3 Hospital Plaza, Suite 302
Old Bridge, NJ 08857
732-324-3285
hackensackmeridianhealth.org/en/
Services/Behavioral-Health

**HMH Hospital Corporation
JFK/Center for Behavioral Health**

65 James Street
Edison, NJ 08820

732-321-7540

jfkmc.org/clinical-services/behavioral-health

InSite Health

1 Bethany Road
Hazlet, NJ 07730

866-242-2278

insitehealth.net

Jewish Family & Vocational Service

219C Blackhorse Lane
North Brunswick, NJ 08902

732-777-1940

Also at

600 Perrineville Road, Suite 52
Monroe Township, NJ 08831

609-395-7979

jfsmiddlesex.org/counseling

Multicultural Family Institute

328 Denison Street
Highland Park, NJ 08904

732-565-9010

multiculturalfamily.org

National Alliance on Mental Illness (NAMI NJ)

1562 Route 130
North Brunswick, NJ 08902

732-940-0991

naminj.org

**National Alliance on Mental Illness
Middlesex (NAMI Middlesex)**

100 Plainfield Avenue, Suite 8C
Edison, NJ 08817

732-745-0709

namiofmiddlesex.wixsite.com/home

NJ Division of Child Protection & Permanency (DCP&P)

877-652-7624

732-980-9312 (Western Middlesex)

732-376-4700 (Coastal Middlesex)

732-287-1840 (Central Middlesex)

nj.gov/dcf/about/divisions/dcpp

Parents Anonymous of New Jersey, Inc.

800-843-5437

paofnj.org/

Perform Care

300 Horizon Drive, Suite 306
Robbinsville, NJ 08691

877-652-7624

performcarenj.org

Penn Medicine – Princeton House Behavioral Health

1460 Livingston Drive, Building 100
North Brunswick NJ

888-437-1610

princetonhouse.org

**Rutgers University Behavioral Health Care
Intensive Family Support Services (IFSS)**

151 Centennial Avenue
Piscataway, NJ 08854

732-235-5000

[ubhc.rutgers.edu/clinical/community/
community-based-programs](http://ubhc.rutgers.edu/clinical/community/community-based-programs)

**Rutgers University Graduate School of Applied
Psychology and Professional Psychology
Psychological Services Clinic**

152 Frelinghuysen Road
Piscataway, NJ 08854

848-445-6111

gsappweb.rutgers.edu/clinic

**Rutgers University Behavioral Health Care NJ
Promise/Clinical High Risk for Psychosis (CHRP)**

100 Metroplex Drive
Edison, NJ 08817

732-235-2868 OR 800-969-5300

ubhc.rutgers.edu

Statewide Parent Advocacy Network (SPAN)

35 Halsey Street, 4th Floor
Newark, NJ 07102

973-642-8100 OR 800-654-SPAN (7726)

spanadvocacy.org

Stress Care of New Jersey

4122 Route 516

Matawan, NJ 07747

732-679-4500

Also at
500 Park Avenue
Manalapan, NJ 07726
732-679-4500
stresscareclinic.com

**St. Peter's University Hospital Family Health Center
Children's Acute Partial Hospitalization
(For KEEPS; ages 5 to 17)**
123 How Lane
New Brunswick, NJ 08901
732-565-5494
saintpetershcs.com/Services/For-KEEPS-Program

Summit Oaks Hospital
19 Prospect Street
Summit, NJ 07902
800-753-5223
summitoakshospital.com

AGING OUT/YOUNG ADULT SERVICES

Catholic Charities
288 Rues Lane
East Brunswick, NJ, 08816
732-257-6100

Also at
319 Maple Street
Perth Amboy, NJ 08861
732-324-8200
1-800-655-9491 (Access Center)
ccdom.org

Community Care Behavioral Health
131 Ethel Road West
Piscataway, NJ 08854
732-572-4666
Also at
3443 Route 9 North
Freehold, NJ 07728
732-462-5553
communitycare.us

Jewish Family & Vocational Service
219C Blackhorse Lane
North Brunswick, NJ 08902
732-777-1940

Also at
600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979
jfsmiddlesex.org/counseling

**HMH Hospital Corporation
JFK/Center for Behavioral Health**
65 James Street
Edison, NJ 08820
732-321-7540
jfkmc.org/clinical-services/behavioral-health

Multicultural Community Services (MCS)
2 Ethel Road, Suite 205B
Edison, NJ 08817
732-650-0330
multiculturalcommunityservices.org

Penn Medicine – Princeton House Behavioral Health
1460 Livingston Drive, Building 100
North Brunswick NJ
888-437-1610
princetonhouse.org

**Hackensack Meridian Health
Raritan Bay Medical Center**
530 New Brunswick Avenue, 3rd Floor
Perth Amboy, NJ 08861
732-324-3285

Also at
3 Hospital Plaza, Suite 302
Old Bridge, NJ 08857
732-324-3285
hackensackmeridianhealth.org/en/
Services/Behavioral-Health

**Rutgers University Behavioral Health Care
Certified Community Behavioral
Health Center (CCBHC)**
100 Metroplex Drive, Suite 200
Edison, NJ 08817
Also at
303 George Street, Suite 200
New Brunswick, NJ 08901

Also at
4326 Route 1 North
Monmouth Junction, NJ 08852
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

**Rutgers University Behavioral Health Care (UBHC)
Young Adult IOP**

667 Hoes Lane West
Piscataway, NJ 08854
800-969-5300 (Access Center)
ubhc.rutgers.edu/clinical/overview

Stress Care of New Jersey

4122 Route 516
Matawan, NJ 07747
732-679-4500

Also at
500 Park Avenue
Manalapan, NJ 07726
732-679-4500
stresscareclinic.com

**GERIATRIC / OLDER
ADULT SERVICES**

Carrier Clinic

252 County Route 601
Belle Mead, NJ 08502
800-933-3579
carrierclinic.org

Catholic Charities

288 Rues Lane
East Brunswick, NJ 08816
732-257-6100 (Access Center)
732-324-8200 OR 800-655-9491

Community Care Behavioral Health

131 Ethel Road West
Piscataway, NJ 08854
732-572-4666

Also at
3443 Route 9 North
Freehold, NJ 07728
732-462-5553
communitycare.us

**Hackensack Meridian Health
Raritan Bay Medical Center**

530 New Brunswick Avenue, 3rd Floor
Perth Amboy, NJ 08861
732-324-3285

Also at
3 Hospital Plaza, Suite 302
Old Bridge, NJ 08857
732-324-3285
[hackensackmeridianhealth.org/en/
Services/Behavioral-Health](http://hackensackmeridianhealth.org/en/Services/Behavioral-Health)

Jewish Family & Vocational Service

219C Blackhorse Lane
North Brunswick, NJ 08902
732-777-1940

Also at
600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979
jfsmiddlesex.org/counseling

Middlesex County Area Transit Services (MCAT)

97 Apple Orchard Lane
New Brunswick, NJ 08902
800-221-3520 (Reservations)
732-745-7456 (Office)
middlesexcountynj.gov

Penn Medicine – Princeton House

Behavioral Health – Older Adults
1460 Livingston Drive, Building 100
North Brunswick NJ
888-437-1610

Also at
741 Mt. Lucas Road
Princeton, NJ 08540
888-437-1610
[princetonhcs.org/care-services/princeton-house-
behavioral-health/treatment-programs/older-adults](http://princetonhcs.org/care-services/princeton-house-behavioral-health/treatment-programs/older-adults)

**Pharmaceutical Assistance to
the Aged & Disabled (PAAD)**

800-792-9745

state.nj.us/humanservices/doas/services/paad/index.html

**Rutgers University Behavioral Health Care:
Comprehensive Services on Aging (COPSA)**

100 Metroplex Drive, Suite 200

Edison, NJ 08817

800-424-2494

ubhc.rutgers.edu/services/geriatric

**Trinitas Regional Medical Statewide Clinical
Outreach Program for the Elderly (S-COPE)**

225 Williamson Street

Elizabeth, NJ 07202

855-718-2699

scopenj.org

Visiting Nurse Association of Central Jersey

597 Park Avenue

Freehold, NJ 07728

732-294-2540

800-400-0981

vnachc.org

VETERANS SERVICES

Vet 2 Vet

24/7 Peer-Run Veteran's Helpline

866-838-7654 (866-VETS-NJ4)

njvet2vet.com

East Orange VA Medical Center

385 Tremont Avenue

East Orange, NJ 07018

973-676-1000 ext. 201421

[va.gov/new-jersey-health-care/locations/
east-orange-va-medical-center](http://va.gov/new-jersey-health-care/locations/east-orange-va-medical-center)

Lyon's VA Medical Center

151 Knollcroft Road

Lyons, NJ 07939

908-647-0180

[va.gov/new-jersey-health-care/locations/
lyons-va-medical-center](http://va.gov/new-jersey-health-care/locations/lyons-va-medical-center)

Veterans Haven North

200 Sanatorium Road, Suite 101

Glen Gardner, NJ 08826

908-537-1999

nj.gov/military/veterans/services/vetshavennorth

**NJ Department of Military and
Veterans Affairs (DMAVA)**

P.O. Box 340

Trenton, NJ 08625

609-530-4600

nj.gov/military

Domiciliary Care for Homeless Veterans Program

877-424-3838

va.gov/homeless/dchv.asp

Hope for Veterans Transitional Housing Program

959 Route 46 East, Suite 402

Parsippany, NJ 07054

908-647-5717 x320

communityhope-nj.org

**Community Hope Veterans Programs Supportive
Services for Veteran Families (SSVF)**

959 Route 46 East, Suite 402

Parsippany, NJ 07054

855-483-8466

[communityhope-nj.org/what-we-do/hope-for-veterans/
supportive-services-for-veteran-families-ssvf](http://communityhope-nj.org/what-we-do/hope-for-veterans/supportive-services-for-veteran-families-ssvf)

**Soldier On – Supportive Services
for Veteran Families (SSVF)**

3525 Quakerbridge Road, Suite 3000

Hamilton, NJ 08619

866-406-8449

wesoldieron.org

Vets4Warriors

24/7 Peer Support Program

855-838-8255

vets4warriors.com

Vet Centers (Readjustment Counseling)

24/7 Call Center for combat Veterans and their families

877-WAR-VETS (927-8387)

vetcenter.va.gov/media/Call-Center-PSA.asp

Trenton Vet Center

Parkway Avenue, Suite 201
Ewing, NJ 08618
609-882-5744
va.gov/trenton-vet-center

Veterans Crisis Line

Dial 988 then press 1
Text 838255
veteranscrisisline.net

LGBTQ+ RESOURCES**988 Suicide & Crisis Lifeline**

988 (Call or Text)
988lifeline.org/chat (Chat)
988lifeline.org

HiTOPS

300 Witherspoon Street, Suite 204
Princeton, NJ 08542
609-683-5155
info@hitops.org
hitops.org

NJ Mental Health Cares

1-866-202-HELP (4357)
njmentalhealthcares.org

The Pride Center of New Jersey

85 Raritan Avenue, Suite 100
Highland Park, NJ 08904
732-846-2232
info@pridecenter.org
pridecenter.org

PROUD Gender Center of New Jersey

181 Somerset Street, 2nd Floor
New Brunswick, NJ 08901
1-833 BH-PROUD (1-833-247-7683)

Trans Lifeline

877-565-8860
translifeline.org

The Trevor Project

1-866-488-7386
Text 'START' to 678-678
thetrevorproject.org

**MULTICULTURAL /
BILINGUAL SERVICES****Call BlackLine**

1-800-604-5841
callblackline.com

**CAMHOP-NJ (Chinese American Mental Health
Outreach Program in New Jersey)**

1562 Route 130
North Brunswick, NJ 08902
732-940-0991
naminj.org/programs/multicultural/camhop

Catholic Charities

288 Rues Lane
East Brunswick, NJ, 08816
732-257-6100
Also at
319 Maple Street
Perth Amboy, NJ 08861
(Access Center)
732-324-8200 OR 800-655-9491
ccdom.org

**George J. Otlowski, Sr. Center
for Mental Health Care**

570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
middlesexcountynj.gov

Manavi

(a program for South Asian women who
have been affected by abuse)
P.O. Box 3103
New Brunswick, NJ 08903
732-435-1414
manavi.org

Multicultural Community Services (MCS)

2 Ethel Road, Suite 205B
Edison, NJ 08817
732-650-0330
multiculturalcommunityservices.org

Multicultural Family Institute

328 Denison Street
Highland Park, NJ 08904
732-565-9010
multiculturalfamily.org

National Alliance on Mental Illness (NAMI NJ)

1562 Route 130
North Brunswick, NJ 08902
732-940-0991
naminj.org

New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025
nbcounselingcenter.org

New Hope, IBHC - Open Door

6 Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800
newhopeibhc.org

The Passion Care Center

187 Fayette Street
Perth Amboy, NJ 08861
732-410-7102
thepassioncarecenter.com/behavioral-health-services

PRAB

71 Brunswick Woods Dr,
East Brunswick, NJ 08816
732-832-7535
prab.org

Puerto Rican Association for Human Development

100 First Street
Perth Amboy, NJ 08861
732-442-1081
prahd.org

**EMPLOYMENT &
VOCATIONAL SERVICES****Consumer Connections**

673 Morris Avenue, Suite 100
Springfield, NJ 07081
800-376-8850
mhanj.org/consumer-connections

Division of Vocational Rehabilitation Services (DVRS)

550 Jersey Avenue, P.O. Box 2672
New Brunswick, New Jersey 08901
732-937-6300
nj.gov/labor/career-services/special-
services/individuals-with-disabilities

Jewish Family & Vocational Service

219C Blackhorse Lane
North Brunswick, NJ 08902
732-777-1940

Also at

600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979
jfsmiddlesex.org/counseling

Mental Health Association of NJ

673 Morris Avenue, Suite 100
Springfield, NJ 07081
800-376-8850
mhanj.org

Middlesex County One-Stop Career Centers

550 Jersey Avenue
New Brunswick, NJ 08901
732-745-3955

Also at

161 New Brunswick Avenue
Perth Amboy, NJ 08861
732-826-3200

Youth One Stop Center (ELITE)

732-293-1341
middlesexcountynj.gov

Middlesex County Workforce Development

550 Jersey Avenue
New Brunswick, NJ 08901
732-745-3955
middlesexcountynj.gov

Rutgers School of Health-Related Professionals

65 Bergen Street, Suite 120
Newark, NJ 07107
973-972-5454
shp.rutgers.edu/psychiatric-rehabilitation

Rutgers UBHC Supported Employment Program

151 Centennial Avenue
Piscataway, NJ 08854
732-235-5000
ubhc.rutgers.edu/clinical/community/
community-based-programs.xml

DISASTER MENTAL HEALTH RESOURCES

New Jersey Division of Mental Health & Addiction Services (DMHAS), Disaster and Terrorism Branch

877-294-4357
nj.gov/humanservices/dmhas/home/disaster
Disaster Response Crisis Counselor (DRCC)
Certification & Training
973-571-4100
njdisasterresponsecrisiscounselor.org

Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning

75 Bayard Street
New Brunswick, NJ 08901
732-745-4186
middlesexcountynj.gov

New Jersey Hope & Healing

673 Morris Avenue, Suite 100
Springfield, NJ 07081
866-202-HELP (4357)
mhanj.org/njhopeandhealing

New Jersey Mental Health Cares

Disaster Mental Health Helpline
877-294-HELP (4357)
njmentalhealthcares.org/disaster-services

NATIONAL MENTAL HEALTH RESOURCES

988 Suicide & Crisis Lifeline

988 (Call or Text)
988lifeline.org/chat (Chat)
988lifeline.org

American Psychiatric Association

202-559-3900
psychiatry.org

American Psychological Association

800-374-2721 OR 202-336-5500
TDD/TTY: 202-336-6123
apa.org

Brain & Behavior Research Foundation

800-829-8289 OR 646-681-4888
bbrfoundation.org
Call BlackLine 1-800-604-5841
callblackline.com

Center for Psychiatric Rehabilitation Boston University

617-353-3549
cpr.bu.edu

Mental Health America

800-969-6642
mhanational.org

MentalHealth.gov

mentalhealth.gov

National Mental Health Consumers' Self-Help Clearinghouse

selfhelpclearinghouse@gmail.com
mhselfhelp.org

National Alliance on Mental Illness (NAMI NJ)

732-940-0991

naminj.org

Depression and Bipolar Support Alliance

800-826-3632

dbsalliance.org

National Empowerment Center

800-769-3728

power2u.org

National Institute of Mental Health

1-866-615-6464

nimh.nih.gov

**Substance Abuse and Mental Health
Services Administration (SAMHSA)**

1-800-662-HELP (4357)

findtreatment.samhsa.gov

Trans Lifeline

877-565-8860

translifeline.org

Psychiatric Rehabilitation Association

312-878-9797

psychrehabassociation.org

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**Middlesex County Board of
County Commissioners**

Ronald G. Rios, *Director*

Shanti Narra, *Deputy Director*

Claribel A. Azcona-Barber, Charles Kenny,
Leslie Koppel, Chanelle Scott McCullum,
Charles E. Tomaro

**Middlesex County Dept of
Community Services**

Meghan Davey, *Department Head*

Office of Human Services

Melyssa Lewis, *Director*

75 Bayard St, 5th Floor

New Brunswick, NJ 08901

Middlesex County is committed to ending stigma that impacts mental illness and substance use disorders and prevents people from seeking help.

Share your support by using the hashtags **#StampOutStigma** and **#MiddlesexCountyStandsAgainstStigma** on social media.



Scan code to access
additional resources on
Mental Health Planning and more